

Europe in Perspective

Transnational Training on
Diversity in Cultural Learning

Training Programme

Arrival Day – Here we are!

Day **0**

3 Name game

Activity

30 min

Useful for:

the activity is designed to help participants learn each other's names, begin conversations, and set everyone in the group at ease. It reinforces names with faces and helps establish basic introductions in a fun way.

Resources needed:

Music and a music player. Cards with the first letter of the first names of the participants. There should be one card with a letter for each group of participants whose names start with the same letter. Some cards will refer to only a single participant, as no one else shares the same starting letter.

Room layout:

A clear open space so that participants can move around freely.

What happens?

The facilitator starts the music. Participants move freely to the music in the room filling the whole space moving and dancing. When the music stops everyone freezes and the facilitator calls out a letter from one of the cards he or she has prepared. People whose first name starts with the letter called out come together in a group. Each then says their name, the country and the institution they come from. When the music then starts again, and people again move freely until the music stop when the process of freezing and calling out the letters is repeated. The game ends when all the letters from the participants' first names have been called out.

»It's a lovely start and brings the participants together. And, some people are challenged by moving and dancing to music.«

Regula Nyffeler, PHBern, Switzerland



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Contact: info@bkj.de

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