

Training Programme

Getting to know Europe and each other better

Day **1**

7 Not being me 1

Activity

30 min

Useful for:

Invent alternative identities as a preparation for the following exercise

Resources needed:

Paper and pens for the participants to take notes

What happens?

Participants work in pairs. One participant asks questions and the other replies. The questioner seeks to discover everything he or she can about the other person in ten minutes. However, the person answering the questions must use their imagination to create another persona. It is not about answering the questions honestly as themselves, but allowing the questions to inspire their imagination to create another character, who could be entirely imaginary, or based on someone else they know. The person asking the questions keeps a written note of all the characteristics that have been revealed. After ten minutes the roles are reversed. The person who was interviewed in the first part of the activity becomes the interviewer and starts asking the questions. As before, the questions allow an alternative persona to be revealed. The interviewer writes down the key characteristics.

At the end each person keeps the written details of the person they created, in other words the person interviewed keeps the notes the interviewer made from their answers. Tell the participants to keep these notes as they will need them later not revealing that they will need it for the following exercise.



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