

Training Programme

Exploring the different dimensions and definitions of diversity

Day (2)

5 Exploring the many dimensions of diversity 2

Activity

40 min

Participants return to their same tables and mind maps after a short break. They then receive another set of phrases and sentences and have a further 20 minutes to incorporate or reject them. The phrases/sentences we used in the second round were:

- raising awareness of different perspectives
- questioning presuppositions
- avoiding generalisations
- becoming aware of own prejudices
- avoiding tabooing
- recognising own beliefs, attitudes and behaviours in relation to other groups
- exploration of individual differences in safe and nurturing environment
- respecting and accepting individual differences
- celebrating the rich dimensions of diversity within each individual
- recognising the impact of nationality, religion, sexual orientation, social class, race, ethnicity, gender, disability age
- building the concept of me and us
- evaluating others as „us“ and „them“

The posters the groups have produced are then posted around the room, and each group briefly explains their mind map.

The presentation of the individual mind maps of the participants is followed by the explanation where the words came from which were given to them to integrate or dismiss: the diversity mind map.



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Contact: info@bkj.de

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