

## Training Programme

### Challenging our own ways of thinking

Day **3**

#### Spidergrams – Intercultural habits

#### 4 of mind 1

##### Activity

15 min

##### Useful for:

Understanding the diversity and inter-culturality and assessing one's own mental attitudes

##### Resources needed:

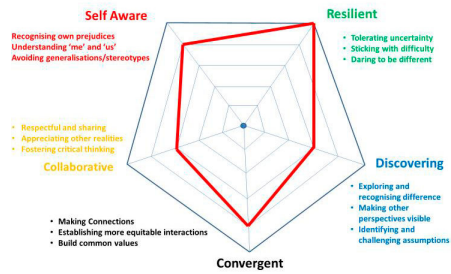
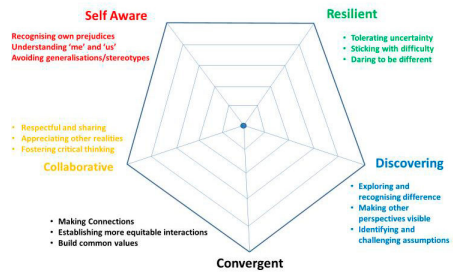
Intercultural spidergrams printed out. Pens or pencils.

##### Room layout:

Assuming that participants had been sitting theatre style in the presentation which preceded this activity can be done where they are sitting.

##### What happens?

Each participant is given a printed spidergram. Participants have to give themselves a score between 0 and 5 for each habit of mind. They should consider the centre of the spidergram as being a score of 0, and the outer edge of the spidergram being a score of 5, with 5 representing a real strength in the specified habit and 0 representing a serious weakness. However, participants are free to score themselves at any point between 0 and 5, even  $\frac{1}{2}$  points if they prefer. They put a point on one of radii to mark the score they have given themselves. They draw lines between the points the points with lines, giving themselves an 'intercultural profile'.



## Downloads

- [Spidergram short\\_\(pdf, 47 kB\)](#).
- [Spidergram long\\_\(pptx, 50 kB\)](#).

You can find all downloads at <https://europe-in-perspective.eu/resources/>

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