

Training Programme

Building shared values

Day **4**

1 Anyone Who

Warm Up Exercise

30 min

Useful for

Warm up exercise, getting to know each other, finding out things we have in common, introducing philosophical questions

Resources needed:

Chairs (one less than the number of people in the group)

Room layout:

Chairs are laid out to form a circle

What happens?

Everyone sits in a circle with one person in the middle acting as the initial facilitator. That person makes a statement which starts with 'anyone who'. For example, they could say 'anyone who ate breakfast this morning', or 'anyone who has a pet'. Everyone to whom the statement applies then has to get out of their seat and find a new seat.

The person left without a seat moves into the middle and asks another ANYONE WHO question.

The rules are that participants are not allowed to move in the chairs next to them or back into their own chair.

The exercise can be modified by giving the person in the middle one of the statements below (or others that the facilitator feels are important to discuss in the context of the work) to read out. Facilitator can also 'freeze' the exercise and

allow for a discussion about the statement. If providing statements, write them on pieces of paper, crunch them up into a ball and leave in the centre of the circle for participants to pick.

Examples of possible statements could include 'Anyone who...':

- Thinks children learn more from TV than from school.
- Likes opera.
- Doesn't vote in elections.
- Wants more children.
- Thinks gravity is a myth.
- Happy about themselves
- Believes there is a God.
- Believes all human beings have equal value.
- Believes their life will get better in the future.
- Believes in destiny.
- Wants to become a celebrity.
- Likes change.
- Thinks there is something evil in everyone.
- Knows what happens if you put a frog in the refrigerator.
- Believes grades at school are a good thing.
- Thinks life is hard.
- Believes they are normal.
- Thinks humans are more valuable than animals.
- Believes that history has a beginning and an end.
- Believes that we learn all our lives.



Created by the German Federation for Arts Education and Cultural Learning (BKJ) and the international foundation Creativity, Culture and Education (CCE) together with numerous European partners. Funded by Stiftung Mercator and supported by the European Union within the scope of the Erasmus+ Youth in Action Programme.

This work only reflects the author's view. The European Commission is not responsible for any use that may be made of the information it contains.

Free re-use as Open Educational Resource (OER) permitted and recommended.



This work is licensed under a Creative Commons Attribution-ShareAlike 4.0 International License (CC BY-SA 4.0).

Please refer to as follows: "Europe in Perspective. Transnational Training on Diversity in Cultural Learning" by German Federation for Arts Education and Cultural Learning (BKJ) and Creativity, Culture and Education (CCE), License: CC BY-SA 4.0.

Contact: info@bkj.de

The license agreement is available online here:
<https://creativecommons.org/licenses/by-sa/4.0/deed.de> | The work is available online here: <https://europe-in-perspective.eu>